

Lizzy Hilliard

presents a press release of her new record, *growth vol. 3*



New York, NY Release: For immediate release

Lizzy Hilliard is delighted to announce her newest and final volume in her series of albums about growth, *growth vol. 3*. A self-released sequel to albums *growth vol. 1* and *growth vol. 2*, this record is set to be available November 22nd, 2023.

Including 21 full length tracks and 4 interludes, *growth vol. 3* is a journey through the experience of finishing college and pioneering through young adulthood. Lizzy describes the album in three parts: tracks 1-8 are about finishing college and moving away, tracks 9-18 are about discerning who you are, and tracks 19-25 are about settling into yourself and the world around you.

The record was written during her final year of college and first year living in New York - from December 2021 through December 2022.

Recording took place in her miniature Manhattan

apartment over the course of her first year there, and additional instruments were recorded remotely in various states across the US by collaborators (Pennsylvania, Indiana, Michigan, Georgia, etc.). The album highlights Hilliard on vocals and many instruments and features playing from Abhik Mazumder, Kyte, Delia Li, Alice Ford, Paul Armitage, and Lizzy's brothers Nick, Jonathan, and Alexander Hilliard. Production, mixing and mastering were completed by Lizzy - her first endeavor as an engineer. *growth vol. 3* will be available on most major streaming services including Spotify, Apple Music, Amazon Music, and YouTube music, and downloads will be available on Bandcamp.

Lizzy couldn't be happier with how the record turned out: "I really wanted to make the quintessential album for the twenty-something who's finishing school and trying to figure things out, because that was what I needed, and this is exactly what I imagined. It really feels like a cohesive journey to me, and musically, it's my most polished and truthful work. I'm so proud to be putting this record out into the world. It's really representative of who I am both as a musician and as an individual."

Featuring Hilliard's breakout single 'thumbelina' in addition to singles 'little miss sad eyes', 'math', and 'train from everywhere', the new album holds whimsy and sincerity in equal parts. In carrying Lizzy's true sensibility, it drifts between the simplicities of thrifting, fantasy stories and notebooks and the complexities of homesickness, romantic perils/successes, and self-destruction. The music holds influences from the folk and americana genres, with threads of singer-songwriter and indie rock. Each track is laden with acoustic guitar, mandolin, fiddle, and lush, floaty background vocals.

For business inquiries and more information about the songs, lyrics and more, visit: www.lizzyhilliard.com

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